



Sample Menu

for Keswick Camp



Please note this is a sample menu only and is subject to change depending on seasonal changes or availability.

The Keswick Cook is willing to take in to consideration the meal preferences of groups. Special needs must be discussed prior to arrival.

BREAKFAST

Cornflakes, rice bubbles, weet-bix, porridge

Tinned fruit or yoghurt

Toast (white & wholemeal bread) & spreads

Tea, coffee, milo

MORNING TEA

Tea, coffee, cold drink

LUNCH

Salads with ham,
or beef with sweet onion relish,
or smoked chicken and avocado,
& bread rolls with spreads.

Fruit

Muesli bars or biscuits

(or Macaroni cheese, salads, bread rolls & spreads)

Tea, coffee, cold drink, water

AFTERNOON TEA

Tea, coffee, cold drink

DINNER

Roast beef, roast potato & seasonal vegetables

Chocolate mousse & fruit salad

SUPPER

Cakes and biscuits (provided by campers)

Tea, coffee, milo

Alternative Menu Options

LUNCH

Cold meat, salad and bread rolls

-- or --

Macaroni Cheese, salad and bread rolls

-- or --

Soup and rolls (not in summer)

-- or --

Pizza and salad

DINNER

Spaghetti & meat sauce, corn chips and salad

-- or --

Sausages and mashed potato & seasonal vegetables

-- or --

Roast beef, potatoes & pumpkin, kumara & seasonal vegetables

-- or --

Chops, mashed potato & vegetables

-- or --

Stew, mashed potatoes & seasonal vegetables

-- or --

Chicken casserole & rice & seasonal vegetables

-- or --

Curry (beef or chicken) & rice & vegetables

-- or --

Chili, nachos, cheese & salad

-- or --

Hamburgers, wedges, corn on the cob & salad

-- or --

Corned beef, potato & seasonal vegetables

DESSERT

Ice cream & fruit

-- or --

Steamed pudding & custard

-- or --

Rice pudding & fruit

-- or --

Chocolate mousse & fruit

-- or --

Apple crumble & custard

